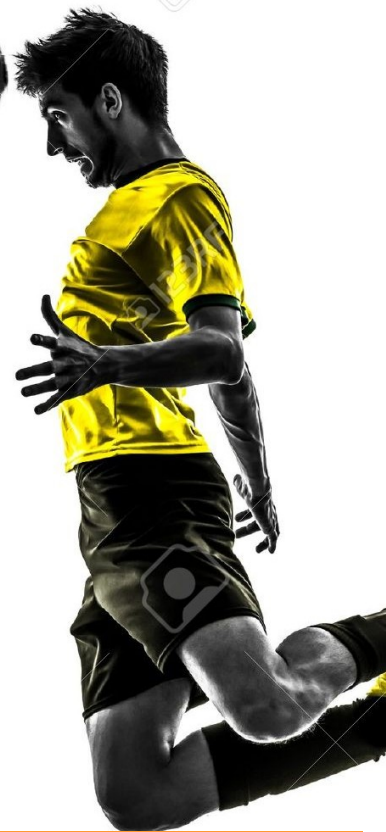


ELITE FOOTBALL

DEVELOPMENT CENTRE



A week long football development programme for our best young
MALE YOUTH FOOTBALLERS over the school holiday period.

Designed to aid the development of the committed and talented young
footballer to help take their game to the next level both on and off the field.

One top coach to a maximum of 12 players per session.

Players must be playing (or near to) in their top ranked club team.

Only 32 places available.

9th 10th 11th grade = 12 outfield players and 4 goal keepers

12th 13th 14th grade = 12 outfield players and 4 goal keepers

**High quality youth/junior coaching led by Scott Easthope & James Prosser
assisted by Michael Hagarty and Goal Keeping specific coach Ryan Sandford.**



The week of football development includes

10 x On field, high quality, challenging and yet enjoyable training sessions.

Class room based football specific sessions designed to teach young players both on
and off field qualities required to become better footballers.

Programme training tee.

Player visit from a kiwi professional footballer.

Player Feedback form that outlines where each player is doing well in plus work ons.

Prizes and giveaways on the last day for top performers.

Areas/topics covered during the week

Players:

Movement and use of space. Moving for you and movement for team mates.

Having your 1st touch to help you and not hurt you.

Creative passing and shooting techniques.

Dribbling to go past defenders.

1 v 1 defending techniques.

Maintain possession of the ball.

Defending in numbers.

Creating numerical advantage.

Goal Keeping:

Handling. Shot Stopping

Falling & Diving Techniques.

Dealing with High Balls & Crosses.

Distribution. Positional Play.

GK Communication.

Off field topics:

Food and Nutrition, the fuel of footballers.

Dealing with setbacks in football.

The pathway to professional football.

Injury prevention.

Effective recovery.

Goal setting.

Monday 13th July > Friday 17th July.

Venues: Hutt Park (3days) Petone Turf (2days)

Cost: \$230.00 (\$46 per day) Drop off from 8:45am. Session time 9:00am until 3:00pm.

The Coaches

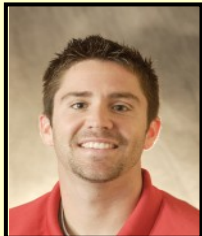
Scott Easthope



NZF Junior Level 1 and 2. NZF Youth Level 1 and 2. English FA Youth Level 1 and 2. NZF Senior Level. NZF qualified coach educator.

Over 15 years experience coaching a range of different age groups and levels. Recently returned from a 1 year stint in the US coaching for New England FC in their elite junior ranks as head coach of their u9 boys and u16 girls as well as working on their player development programs. Now returned to Stop Out as their Director of junior football and assistant coach of their Mens Central League side. Scott also regularly works as a head coach on New Zealand Footballs National Talent Centre program and will head what is sure to be a fantastic experience for the players.

James Prosser



James is a US born coach who has formally been a part of the Ole Academy here in New Zealand. Prosser went to Louisville prior to the 2006 season after playing for the Minnesota Thunder of the United Soccer League 1st Division from 2004-05. During that time, he was also a site coordinator for the Minnesota Thunder camps. Prosser has played professionally for the Indiana Blast, the Wilmington Hammerheads and the Myrtle Beach Sea Dogs. Prosser is a 2001 graduate of Butler University, where he earned a bachelor's of arts in education. He played in three NCAA tournaments as a collegian, including two appearances in the round of 16. His teams also claimed three Midwest Collegiate Conference Championships. A fantastic coach who is sure to improve your child's game.

Michael Hagarty



Mike is a 22 year old kiwi who is currently playing in the US college system for the University of Charleston.

The University of Charleston's bid for a national championship came up short in the 2014 season, falling 3-2 to Lynn in a fantastic display of soccer by both teams at Owsley B. Frazier Field on the campus of Bellarmine University.

Returning on holiday between academic years Michael will bring a youthful players perspective to the coaching staff and great experience of a full on football training environment.

Ryan Sandford



Ryan is the owner and director of R-Star Goal Keeping. Ryan has a huge amount of experience working with and coaching goal keepers. He has completed a Sport and Exercise Science degree.

Ryan has also added the NSCAA Advanced National Goalkeeping Diploma to his impressive list of qualifications in Florida in January 2008 and has recently returned from the US on holiday where he will work with a limited amount of goal keepers while back in NZ. Ryan is sure to be one of the best goal keeping coaches any of our young local goal keepers have been able to have access to.



Registration

This programme is very much targeted at talented MALE YOUTH FOOTBALLERS who are serious about improving their game. If this sounds like you then fill out the attached form and return it via email to scott.easthope@hotmail.com by Friday 3rd of July. Be quick as there are limited places and once filled we won't be expanding the numbers. We look forward to seeing you there.

Once your registration has been received we will promptly reply advising your successful placement.

Details of how payment can be made will be provided with this confirmation.