

2016 OFFICIAL PROGRAMME

MEN'S CENTRAL LEAGUE

Stop Out v Napier City Rovers

2.30 Saturday 28th May



www.stopout.org.nz

Issue 2016/04

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Wynton Rufer

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stopout.org.nz



Stop Out Sports Club (Official)



@redgoldblood

The First Word

My blood is red... and gold!



It's been a month since we played at Hutt Park. A tough away encounter at Wests, a Chatham Cup game in the polar wind tunnel at Wakefield Park against Island Bay and then another night game in freezing conditions against Lower Hutt at Fraser. Well it's nice to be home and playing during the daytime — on grass!



Season two back in Central League has seen an improved start to the campaign. In fact our last home defeat was close to a year ago on the 13th June 2015 against you guessed it — Napier City Rovers.



This season has seen a host of yellows and reds being handed out—something like 8 reds in all games we've been involved in already!



And that seems to be consistent with our Central and Capital Premier colleagues with a host of games being impacted in this way.



Add injuries and we've hardly had the same team on the park from one week to the next. We're forever hoping of a more settled team over the next few weeks so we can see the team build a lot more consistency into their play. Here's hoping the cards stay in the official's pocket!

Today is also Old Timers day at the club and the main game is Stop Out over 55's against a Miramar / Seatoun selection.

Chatham Cup Winner of 1956 and Life Member Jim Blair is organising the event and he's even making a cameo appearance at 85 years young at left full back. That's an impressive effort.

Welcome to Hutt Park and enjoy our Stop Out hospitality.

First Stop Out goal for Lewis Francis
against the Phoenix

CENTRAL LEAGUE 2016	P	W	D	L	F	A	GD	Pts
Napier City Rovers	7	5	2	0	18	6	12	17
Western Suburbs	7	4	2	1	23	10	13	14
Stop Out	7	4	1	2	18	13	5	13
Olympic	7	4	1	2	17	14	3	13
Miramar	7	3	2	2	16	14	2	11
Wairarapa United	7	2	2	3	14	12	2	8
Phoenix	7	2	2	3	16	23	-7	8
Lower Hutt City	7	1	3	3	4	14	-0	6
Marist Palmerston North	7	1	2	4	14	20	-6	5
Petone	7	0	1	6	7	31	-24	1

2016	Central League					
Rnd 1	Sat 2 April	Stop Out	3	Wairarapa	1	Hutt Park 1 @ 2.30
Rnd 2	Sat 9 April	Petone	1	Stop Out	5	Petone Turf @ 3.00
Rnd 3	Sat 16 April	Stop Out	2	PN Marist	1	Hutt Park 1 @ 2.30
Rnd 4	Sat 23 April	Miramar	2	Stop Out	1	Dave F @ 2.30
Rnd 5	Sat 30 April	Stop Out	3	Phoenix	1	Hutt Park 1 @ 2.30
Rnd 6	Sat 7 May	Wests	5	Stop Out	3	Endeavour 1 @ 2.30
Chatham Cup	Sat 14 May	Island Bay	2	Stop Out	1	Wakefield @5.45
Rnd 7	Sat 21 May	Lower Hutt	2	Stop Out	2	Fraser Turf @7.30
Rnd 8	Sat 28 May	Stop Out		Napier		Hutt Park 1 @ 2.30
Rnd 9	Sat 4 June	Olympic		Stop Out		Wakefield 2 @ 5.45
Rnd 10	Sun 12 June	Wairarapa		Stop Out		Masterton Turf @ 2.30
Rnd 11	Sat 18 June	Stop Out		Petone		Hutt Park 1 @ 2.30
Rnd 12	Sat 2 July	PN Marist		Stop Out		Memorial (PN) @ 2.30
Rnd 13	Sat 9 July	Stop Out		Miramar		Hutt Park 1 @ 2.30
Rnd 14	Sat 16 July	Phoenix		Stop Out		Newtown 1 @ 2.30
Rnd 15	Sat 23 July	Stop Out		Wests		Hutt Park 1 @ 2.30
Rnd 16	Sat 30 July	Stop Out		Lower Hutt		Hutt Park 1 @ 2.30
Rnd 17	Sun 7 Aug	Napier		Stop Out		Park Island @ 2.00
Rnd 18	Sat 13 Aug	Stop Out		Olympic		Hutt Park 1 @ 2.30

2016	L Hutt	Marist	Miramar	Napier	Petone	Stop Out	'Rapa	Olympic	'Nix	Wests
L Hutt		9/7	1-3	13/8	4-0	2-2	19/6	1-2	23/7	28/5
PN Marist	3-3		11/6	16/7	28/5	2/7	30/7	2-3	3-5	13/8
Miramar	16/7	2-3		1-1	13/8	2-1	28/5	30/7	2/7	18/6
Napier	4/6	4-1	24/7		10/7	7/8	3-2	19/6	3-0	1-1
Petone	2/7	6/8	4/6	0-4		1-5	0-5	16/7	11/6	2-7
Stop Out	30/7	2-1	9/7	28/5	18/6		2-1	13/8	3-1	23/7
Wairarapa	2-1	1-1	7/8	3/7	24/7	12/6		3-3	4/6	0-2
Olympic	11/6	23/7	3-4	1-2	3-1	4/6	9/7		6/8	2-1
Phoenix	2-2	18/6	4-3	30/7	3-3	16/7	13/8	28/5		9/7
Wests	6/8	14/6	1-1	11/6	30/7	5-3	16/7	2/7	6-1	

22nd Wynton Rufer tournament

94 Junior teams faced off over 2 weekends at the Annual Wynton Rufer tournament. 7th, 8th, 9th, 10th and 11th grade were all represented in a festival of football. Club photographer Mike Moran from EYESHOT perfectly captured the emotion of football.



2nds stay top of Capital 2

Game 6 v Seatoun: Game Day 6 rolled around and the Reserve team lads were ready to move on from last week's loss to Waikanae. This weekend saw the lads come up against promotion chasing Seatoun after being relegated from Capital 1 last season. Always a good opponent which we saw when they beat us in a pre season friendly. Revenge though was on our mind. The lads came out firing early and by refusing to lose any challenge in the air, the boys quickly took charge of Seatoun's predominantly long ball game. With Devon Batchelor (Man of the Match) dominating the midfield area, there was space galore for our wide attackers Khalid Razouk and Rhys Glover to thrive. James Houpt was once again the main man up top in the middle, expertly providing us a platform to play off higher up the field. After some slick and patient build up play Khalid finished to put the lads in front which was well deserved. Kieran Mouton entered the fray at half time and was impenetrable alongside Alastair Hicks at centre back for the second half. Khalid then put Seatoun to the sword after the Goal Keeper had parried a strong shot from James Houpt to make it 2-0. Soon after the game was over. An excellent result with a clean sheet to boot for Liam Reeve and the lads. A massive statement of intent from the group! A very strong bench including two current U19 players (Mouton & Josh McEvoy) alongside engine Tom Paul which reveals the depth of the side. Well done lads, roll on next weekend!

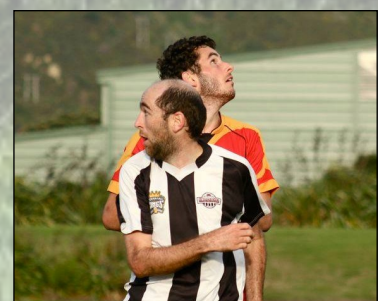
Game 7 v Waterside. We took to the field looking to build on their great early season form. Karori always prove to be difficult opponents and this was no different. Our side boasted young talent again and for the first time this season vc James Houpt donned the armband in Troy Peek's absence. With confidence beaming, we went ahead early through a great finish from Houpty. The team did not look like slipping up until a corner, late in the second half, was cleared straight to a Wharfies player on the edge of the area who took one touch and smashed one into the top corner from 20-odd yards. 1-1 at HT.

The team talk at half time was positive and we knew if we continued to play as we had been it would only be a matter of time until they tired and we got the result we deserved. Step up Tom Paul, after a great amount of time in possession we managed to find Rhys Glover on the outside who delivered an inch perfect cross for Tom Paul who headed the ball back in the direction from which it came, to catch the keeper wrong footed and put us back in the lead. A familiar face in our set up this season, Josh McEvoy who has been playing well beyond his 17 years entered the fray with 20 minutes to go. Josh then put us further ahead after a great passage of possession. 3-1.



To make the young lad's day even better, he then put the final nail in the coffin and buried another deep into the 2nd half. Definitely one for the future! Another great showing of character which has been pivotal to our success thus far.

Game 8 vs Lower Hutt: Game 8 saw a local derby game against Lower Hutt on the beautiful Fraser Park grass pitch. A strong team took the field with youngster Josh McEvoy coming up against his former club. He looks better in red and gold! The game started with us really dominating the proceedings, carrying out our game plan well. We were rewarded through a peach of a goal from young Josh McEvoy, a well taken finish from inside the box. A lapse defensively let Lower Hutt back into the game just before the half. The 2nd half began with us dictating possession and starting to string together some excellent combination play in wide areas. James Houpt then picked up the ball from about 25 yards out, turned his man and bypassed 2 defenders before burying the ball into the bottom corner; 2 -1. Minutes later Cameron van Baarle who was providing us with great width with his positioning, made an excellent run down the right hand side before putting an excellent cross in for Josh McEvoy to grab his double at the far post. A contentious decision meant that the referee gave a penalty against us for a perceived tug in the box. The Lower Hutt striker stepped up to convert from the spot to make the score 3-2 but the match was over not long after and another great win for the reserve team. Man of the Match went to Josh McEvoy who has been outstanding this far in his first season of senior football. 7 wins in 8 games sees us in a great position just before the end of the first round. The lads have been doing excellently so far and will look to continue this form going into the last game of the round at Hutt Park, against Wainui.



Capital 2 2016	P	W	D	L	F	A	GD	Pts
Stop Out	8	7	0	1	24	13	11	21
Seatoun	7	5	0	2	12	7	5	15
Waikanae	7	4	1	2	15	8	7	13
University	8	4	1	3	17	17	0	13
Wainuiomata	7	4	1	2	15	15	0	13
Waterside	8	3	0	5	14	20	-6	9
Island Bay	8	2	2	4	13	11	-2	8
Lower Hutt	7	2	1	4	15	18	-3	7
Douglas Villa	8	2	1	5	12	18	-6	7
Wellington United	8	1	1	6	16	26	-10	4

Stop Out Sports Club



***Coach:**
Chris Sambrooke*

***Assistant Coach:**
Stu Pyne*

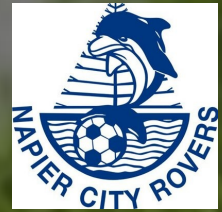
***Manager:**
Paul Commerford*

***Physio:**
Jonathon Crowley
Proactive*

No.	Player
GK	 Chris Campbell
2	 James Sutcliffe
3	 James Sharp
4	 Khalid Razouk
5	 Lewis Francis
6	
7	 Martin Packer
8	
9	 Paora Porter
10	 Miroslav Malivuk
11	 Andrew Abba
12	 Brandon Tai
14	 Luke Grindlay
15	Luis Corrales
16	 Jason Tipping (c)
17	 Steven Gullely
18	 Sam Pickering
19	 Jordan Martens



Napier City Rovers

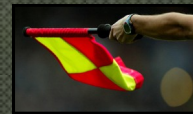


No.	Player
GK	Ruben Parker
RGK	Kyle Baxter
2	Dan Ball
3	Fane Morgan
4	Rob Pearson
5	Fin Milne
6	Matt Bruin
7	Steve Hoyle
8	Ryan Tinsley
9	Angus Kilkolly
10	Saul Halpin
11	Tom Biss
12	Harry Morton
14	Josh Stevenson
15	Jim Hoyle
16	Danny Wilson (c)
17	Fergus Neil
18	Ross Wilcox
19	Bill Robertson
20	Stu Wilson

Coach: Chris Greatholder



Referee:
Guest referee



Assistants:
Mark Whithead
Edward Cook

Assessor:
Jamie Cross



Men's 1st team match reports



Stop Out 3 v Wgtn Phoenix 1– Hutt Park

We welcomed a stronger Wellington Phoenix side to Hutt Park with the return of released professionals Oliver Sail and Justin Gulley. It was great to see Justin return to the club as well as Cherbel Kouchaba & Justin Raffan. In our own side it was great to have Steve Gulley and Luis Corrales return from Team Wellington duty. The game itself was very competitive. We knew that the 'Nix technically would be a very good side and really put us to the test. The game was even with a few chances created. It was however just before the break that the Phoenix full back received a second yellow and was sent off. From the resulting free kick a Corrales header fell to Lewis Francis to score.



After the break I must commend the attitude of the Phoenix playing with 10 men. They were really positive and were pushing Justin Gulley higher from wide areas. This worked with Justin popping up to equalise. The game then became a little frantic and another former Stop Out player, Cherbel had the chance to put the Phoenix ahead Chris Campbell pulled off a great one on one save to keep us in it. From here we started to dominate and a superb finish from Luis Corrales gave us the lead and a late Micky Malivuk goal sealed the points. Goals: **Francis, Corrales, Malivuk. MOM: Luis Corrales**



Luis goal celebration



Goal for Micky

Stop Out 3 v Western Suburbs 5 – Endeavour Park. Playing Wests always throws up some interesting challenges in the way that they approach the game and this was no different. We had worked hard during the week on ways in which we could deal with the threat and also pose one of our own. Unfortunately, it was to be a day of what could go wrong would. Some uncharacteristic mistakes lead to the concession of goals. That being said in possession we did carry a significant threat and took a 3-2 lead into halftime with goals to Steve Gulley and two to Andrew Abba.

The second half we couldn't add to the tally and a "Spanish" penalty levelled the scores. Failure to deal with a free kick put them ahead and a spectacular goal late on sealed it when we were down to 10 men and chasing the game. Disappointing in terms of the result, but we did create plenty of positives to take away. **Scorers: Andrew Abba 2, Steve Gulley. MOM: Steven Gulley**



Chatham Cup. Stop Out 1 v Island Bay United 2 – Wakefield Park

The first round of the Chatham Cup took us to Wakefield Park under lights. Island Bay have a strong recent history in the cup so we knew we were in for a battle. We started brilliantly, Sam Pickering hit the cross bar inside 30 second and within 10 minutes Abba had put us ahead. The next goal in this game was going to be crucial, had we scored it the game becomes comfortable but if we conceded it then it was game on with a big momentum shift. Island Bays direct and physical approach was causing us problems but we got to the break ahead at 1-0.

The second half was similar to the first, they were direct and looking to use a physical presence to get into the game. They levelled about 15 into the 2nd half and stepped up a gear from there. The goal that gave them the lead arrived with about 20 to play from a corner. We pushed and pushed to an equaliser and easily created enough chances to get back into the game but it was not to be.

Goal: A Abba. MOM: Jordan Martens



Men's 1st team match reports

Stop Out 2 v Lower Hutt City 2 – Fraser Park

Derby day at the late kick off time of 7.30 at Fraser Park. We were looking to rebound from a disappointing cup exit the week before. If we are honest we didn't start well in the game, we played very narrow and it made it difficult to play out from the back. Lower Hutt were in high press mode and looked to close the ball down at speed all over the park. Lower Hutt took the lead midway through the first half. Question marks about the lack of an offside flag but was a nice finish none the less. Just before the break Steve Guley spotted the keeper off the line and finished from about 35 yards. Great time to score to level the game.



The Second half was barely 90 seconds old when Lower Hutt re-took the lead. The lads didn't give up and fought and scrapped their way back into the game once again. Micky levelled the game from a Martin Packer cross to set up a dramatic finish. Lower Hutt missed a few good chances with our scrambling defence doing a great job. We missed a penalty which on the balance of the game left the drawn result as pretty fair. We weren't at our best but showed great fight especially in the second half.



Goals: S Guley, M Malivuk. MOM: M Malivuk

Raffle Sponsors

Thanks to the organisations below for supporting our 2016 raffle fundraiser

MARY GRAY



interislander
NGĀ WAKA - NEW ZEALAND'S FERRIES



Working
Hands
HAND THERAPY CLINIC



Shandon Golf Club

Marty's men roll on!

Stop Out thirds continue to climb the Capital Football leagues. After promotion at the start of the season, the thirds are continuing their rich vein of form in Capital 5 after playing the majority of games so far on the immaculate Hutt Park. Eight games into the season, the thirds are currently on 21 points after dispatching all but one of the teams they have faced. The highlights of the season so far being a 5-0 win over BNU and a 2-1 win over long term rivals Tawa AC. It is now 5 wins on the trot, having scored 23 goals and conceding just 5; statistics that would have us at the top of most Capital Football Leagues. However, our toughest challenge lies in our final game of round one.

Monday night football sees table topping Island Bay Dreamers (top scorers in the league) host second placed Stop Out (best defence in the league) who sit just one point behind. It is sure to be a mouth watering encounter at Wakefield, with the two best teams in the league able to play their passing game.

Who will win this encounter? Who knows, but it is one game not to miss!

Photos courtesy of
Mike Moran



Capital 5 2016	P	W	D	L	F	A	GD	Pts
Island Bay	8	7	1	0	28	11	17	22
Stop Out	8	7	0	1	23	5	18	21
North Wgtn M	8	5	1	2	18	13	5	16
Olympic	8	5	0	3	17	15	2	15
Waterside	8	4	0	4	16	15	1	12
Tawa	8	3	2	3	12	11	1	11
BNU	8	3	1	4	13	18	-5	10
Tawa AC	8	1	2	5	9	16	-7	5
Naenae	8	1	0	7	11	28	-17	3
North Wgtn W	8	0	1	7	11	66	-15	1

The Journey Fan's view—Dave Webster

Lower Hutt City 2 Stop Out 2
Central League
Fraser Park
Saturday 21st May 2016, 7:30pm
Attendance about 120

Saturday night football? While Saturday is THE football day, Saturday night isn't. 7:30pm on a Saturday night is when you'd be in the club rooms or the pub, trying to work out what game your mate was at as they use a mixture of pint glasses, car keys and beer bottles to demonstrate why it was that you lost! But times are changing and on a day when in the past most football would have been called off, they don't have to now thanks to the wonders of artificial turf. There are compromises though, as it's not just used by football, Rugby uses it as well, and the idea at Fraser Park is that the codes use it week about, which is fine until you get 2 home games in a row as Lower Hutt City did, hence the reason for a 7:30pm kick off.

From a personal point of view it was great as I was working until 5 on Saturday, so it meant I didn't have to hightail it from Upper Hutt to Wakefield Park for the 5:45pm game between Olympic & Miramar (although it sounds like I missed a good one there 4-3 to Miramar). I was able to go to the pub have a pre-match pint and get to the game well on time. This was a derby game but then the Hutt Valley has 8 clubs so every time they play each other it could be called a derby. Although Lower Hutt City – Stop Out has a bit of an edge to it. Stop Out were the National League club (1970-80), finishing 2nd in 1977, then there was the miracle of Hutt Valley United (Stop Out, Lower Hutt & Petone combined) who competed in the National League from 1987-92 and when that finished it was Lower Hutt City rather than Stop Out who ended up as the top club entering the Superclub and then the National League in 1997-98. These days it is a resurgent Stop Out who are laying claim to be the top club in the Hutt Valley. Going into this game they were 3rd in the league while Lower Hutt were 3rd from bottom.

In the 1st half Stop Out enjoyed slightly more of the possession but weren't really getting close to the Lower Hutt goal and in the 37th minute when Lower Hutt put together a move that started midway in their half and ended with a nicely taken goal (and I need to apologise to the LHC player as I missed who it was and as I found out later I seemed to be the only one that was tweeting on the game so Ultimate NZ Soccer doesn't have the player named and more surprisingly neither does Capital Football!). It was a deserved goal for Lower Hutt, who were playing well and matching the more experienced Stop Out team. Then just before half time, Stop Out's Steven Gulley obviously decided that his forwards weren't going to get near the Lower Hutt goal and seeing the keeper of his line hit a speculative (although I'm sure he'll claim he meant it) shot from 35 meters out and it worked making the score 1-1 going into half time.



It took just 2 minutes in the second half for Lower Hutt to regain the lead with a long diagonal cross ball finding Jarred Mitchell who, rather too easily, got past his marker to slot it home. This put Stop Out on the back foot and it was clear they were missing the influence of Andrew Abba who was sitting out a suspension. But then they still have other quality players and it was Futsal White Micky Malivuk utilising his indoor skills to beat 2 players and score the equaliser in the 63rd minute. Now the game got interesting, Stop Out sensed that Lower Hutt were on the back foot and they could win it and really started to put the pressure on and they must have thought they had it won when Luis Corrales was bought down in the box in the 83rd minute but the resulting penalty was well saved..

Still though Stop Out were pressing and putting the pressure on, Lower Hutt were starting to panic and were trying to slow play down and seemed to be happy to play for a draw. Stop Out were keener to get the ball and try and get a winner, and this cost James Houpt when his eagerness to get the ball took him through Lower Hutt's German defender, Tobias Kratt, and earned himself a straight red card.

The last few minutes were played at a frantic pace and Lower Hutt City would have been relieved when the final whistle blew and they came away with a point, while Stop Out must have been disappointed and seen this as 2 points dropped.

The Last Word!

What's on telly tonight?

Watching Villareal versus Liverpool, on the television, much of the chat wasn't on the game itself but on some of our past watching and playing experiences. More specifically on the part that fitness plays on and off the pitch. Then yesterday whilst watching the Mens' Central League side play Wellington Phoenix United there was the same chat on fitness and also on the degree of mental toughness needed to play. Consensus seemed to be that the latter leads to the former and keeps you performing at level that is more satisfying to yourself.

Alongside us another another pitch Masters football was going on. There are some who question whilst the older players at this level keep going. For them I say just go and ask. There is the joy of playing. The camaraderie that comes with it. The keeping fit. I think, for what it's worth, that those I know who play at this level also exhibit that degree of mental toughness. They are still motivated to play and when I hear the post-match chat that motivation shines through.

Reminds me, to a degree, of that chat that would surround the Stop Out U18 side in the 1978 season. Analyse and analyse. The other point is that some Masters players have been playing football for about fifty years. It may be that football has become almost hardwired into their synapses that anything might happen if they stop playing.

My friends John, Weeg, Tony and then myself are conscious of fitness. Especially as the years mount up. John and I had the same sort of reverse epiphany about eighteen months back and gave up the more concerted effort. With the resultant weight gain and now a lot self-examination going on. Mental toughness, where did you go?

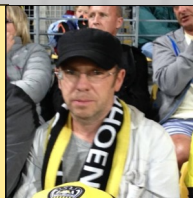
On the other side of the quartet is Tony who, at fifty six, is out running marathons after a sedentary spell. Not only is he fit again the sparky personality is back. Bonus. Weeg has always maintained a regular approach to fitness. Last week after a session at a Wellington gym a couple of younger gym-goers told him that for a man in his mid-thirties he was fit. He thanked them without bothering to say that he is fifty seven. Bonus.

Not being fit is telling. Two weeks back I walked, in the Rimutaka Forest Park, to the Orongorongo River and back carrying my daughter, most of the way, in a backpack. It was about a three and half hour walk. She is about sixteen kilos. The physical hangover the next day was awful. Not just a few aches but a general numbness. The mind may have willingly carried her but the flesh was sending out signals that it did not.

Most striking example of looking after yourself that I can think of is the Japanese footballer Kazuyoshi Miura. He is playing for Yokohama FC in the second tier of the J League at the age of forty eight years.

In short, stay healthy and enjoy life.

Life-long Stop Out fan Mike Barton gives us his perspective on the beautiful game!



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