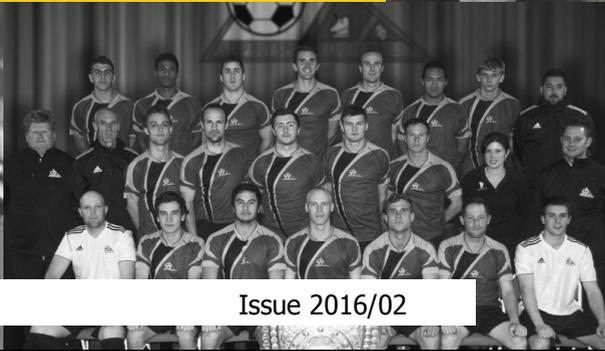
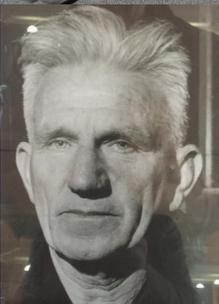


**STOP OUT SPORTS CLUB**

**ALTER ALTERIUS  
ONERA PORTATE**



**2016 OFFICIAL PROGRAMME**  
**MEN'S CENTRAL LEAGUE**  
**Stop Out v Palmerston North Marist**  
**Saturday 16th April**



[www.stopout.org.nz](http://www.stopout.org.nz)

Issue 2016/02

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Wynton Rufer

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Mike Gibbs

**Jnr Coaching Director:**

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**Club Manager:**

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[stopout.org.nz](http://stopout.org.nz)



Stop Out Sports Club (Official)



@redgoldblood

## The First Word

## My blood is red... and gold!

Well what an extraordinary start to the season for many of our senior teams. Yes sure it's only been week two of the season but our top 4 Men's Senior teams lead their divisions. Add to that the Women's Central League and Women's Div 2 team who also top their leagues and it's been a bit of a surreal start for the club. What it proves no matter where these teams finish up come season end is the very strong administrative framework and volunteer structure quietly ticking on behind the scenes. Balanced with very strong communication lines with the Coaching /Manager set-up our "back office" team is second to none.



Yatesy bringing the crowds  
in to Hutt Park

Another pleasing outcome of our focus in the important space between junior and senior football has already seen the success of our new U17 programme. With over 40 young players our 17B's are unbeaten after two rounds and our 17C's recorded their first win last week. Just as important is the culture already instilled in the group with head coach Alistair Yates and Assistant Kieran Mouton developing a very strong club ethos with these lads; and supported in the U17c's by Mack Mullany and Liam Reeve plus Adam Reynard who is overseeing the whole U17 programme. There is confidence that we will see most of these players move into Senior football in the very near future with many already earmarked for first team football.

But we're not forgetting our social players. The club worked with Downers and Hutt City Council pre-season to create a couple of new fields on our training areas for use in the early part of the season. We have been somewhat aggrieved over the years with Stop Out teams being scheduled away from Hutt Park with an almost one game per day, or worse one game per weekend philosophy. These new fields not only allow more matches and more Stop Out teams to play at Hutt Park but allows us to work with the authorities to spread the ground usage and protect our fields when the weather does turn bad in the winter months. The success of this initiative came to fruition last weekend with four fields in action and the clubroom buzzing at the after match.

And one other phenomenal result last weekend saw Masters McCreadies score their customary "one win per season". Not sure what they have left to play for in 2016!

Welcome to Hutt Park and our Stop Out hospitality.



<b>CENTRAL LEAGUE 2016</b>	P	W	D	L	F	A	GD	Pts
Stop Out	2	2	0	0	7	2	5	6
Wellington Phoenix United	2	1	1	0	8	6	2	4
Napier City Rovers	2	1	1	0	3	2	1	4
Olympic	2	1	0	1	3	3	0	3
Wairarapa United	2	1	0	1	3	3	0	3
Palmerston North Marist	2	1	0	1	6	7	-1	3
Western Suburbs	2	0	2	0	2	2	0	2
Miramar Rangers	2	0	1	1	3	4	-1	1
Petone	2	0	1	1	4	8	-4	1
Lower Hutt City	2	0	0	2	2	4	-2	0

<b>2016</b>	<b>Central League</b>				
Rnd 1	Sat 2 April	Stop Out	<b>3</b>	Wairarapa	<b>1</b> Hutt Park 1 @ 2.30
Rnd 2	Sat 9 April	Petone	<b>1</b>	Stop Out	<b>5</b> Petone Turf @ 3.00
Rnd 3	Sat 16 April	Stop Out		PN Marist	Hutt Park 1 @ 2.30
Rnd 4	Sat 23 April	Miramar		Stop Out	Dave F @ 2.30
Rnd 5	Sat 30 April	Stop Out		Phoenix	Hutt Park 1 @ 2.30
Rnd 6	Sat 7 May	Wests		Stop Out	Endeavour 1 @ 2.30
Chatham Cup	Sat 14 May				
Rnd 7	Sat 21 May	Lower Hutt		Stop Out	Fraser Turf @ 7.30
Rnd 8	Sat 28 May	Stop Out		Napier	Hutt Park 1 @ 2.30
Rnd 9	Sat 4 June	Olympic		Stop Out	Wakefield 2 @ 5.45
Chatham Cup	Mon 6 June				
Rnd 10	Sun 12 June	Wairarapa		Stop Out	Masterton Turf @ 2.30
Rnd 11	Sat 18 June	Stop Out		Petone	Hutt Park 1 @ 2.30
Rnd 12	Sat 2 July	PN Marist		Stop Out	Memorial (PN) @ 2.30
Rnd 13	Sat 9 July	Stop Out		Miramar	Hutt Park 1 @ 2.30
Rnd 14	Sat 16 July	Phoenix		Stop Out	Newtown 1 @ 2.30
Rnd 15	Sat 23 July	Stop Out		Wests	Hutt Park 1 @ 2.30
Rnd 16	Sat 30 July	Stop Out		Lower Hutt	Hutt Park 1 @ 2.30
Rnd 17	Sun 7 Aug	Napier		Stop Out	Park Island @ 2.00
Rnd 18	Sat 13 Aug	Stop Out		Olympic	Hutt Park 1 @ 2.30

<b>2016</b>	L Hutt	Marist	Miramar	Napier	Petone	Stop Out	'Rapa	Olympic	'Nix	Wests
L Hutt		9/7	30/4	13/8	16/4	21/5	19/6	<b>1-2</b>	23/7	28/5
PN Marist	23/4		11/6	16/7	28/5	2/7	30/7	7/5	<b>3-5</b>	13/8
Miramar	16/7	<b>2-3</b>		7/5	13/8	23/4	28/5	30/7	2/7	18/6
Napier	4/6	1/5	24/7		10/7	7/8	17/4	19/6	22/5	<b>1-1</b>
Petone	2/7	6/8	4/6	23/4		<b>1-3</b>	7/5	16/7	11/6	21/5
Stop Out	30/7	16/4	9/7	28/5	18/6		<b>3-1</b>	13/8	30/4	23/7
Wairarapa	<b>2-1</b>	21/5	7/8	3/7	24/7	12/6		23/4	4/6	30/4
Olympic	11/6	23/7	21/5	<b>1-2</b>	30/4	4/6	9/7		6/8	16/4
Phoenix	7/5	18/6	16/4	30/7	<b>3-3</b>	16/7	13/8	28/5		9/7
Wests	6/8	14/6	<b>1-1</b>	11/6	30/7	7/5	16/7	2/7	23/4	

## Dominion Post

# Stop Out win local derby to make it two from two in the men's Central League

Stop Out are the only team with a perfect record through the first two rounds of the Central League after a local derby win over Petone.

Petone had home ground advantage at Petone Memorial Park on Saturday, but were on the wrong side of a 5-1 defeat. Goals from Stop Out's Micky Malivuk and Andrew Abba saw their side quickly take control of the game. Petone had few chances on goal, but a strong strike from Ben Feld was pushed wide by Stop Out's keeper in the first half. A second to Abba, and a well-timed chip over the head of Petone keeper Jake Piper had Stop Out heading to the break 4-0 up.

Petone showed a stronger defensive effort in the second half, which was marred by a number of yellow cards to both teams and the sending off of Jordan Pickering. A goal to either side in the second half had the game finish up 5-1 to Stop Out, who now top the table with maximum points from the first two rounds.

### Men's Central League, round two:

**Olympic 1** (Sean Morris) **Napier 2** (Tom Biss and Stephen Hoyle)

**Wests 1** (Elijah Just) **Miramar 1** (Finn Moore)

**PN Marist 3** (Jerram Tuck 2, Rhys Galyer 1) **Wellington United 5** (Ruairi Cahill-Fleury 3, Joe Bell, Sarpreet Singh)

**Petone 1** (Zac Watson) **Stop Out 5** (Micky Malivuk 2, Andrew Abba 2, Martin Packer)

**Wairarapa 2** (Sam Mason-Smith 2) **Lower Hutt 1** (penalty)



Micky completes the rout with his second and our fifth goal.

 **Infinity**  
foundation Limited

## 2nds, 3rds and 4ths on fire!

Capital 2 2016	P	W	D	L	F	A	GD	Pts
Stop Out	2	2	0	0	5	3	2	6
Seatoun	2	2	0	0	3	1	2	6
Wellington United	2	1	1	0	5	4	1	4
University	2	1	0	1	8	4	4	3
Waterside	2	1	0	1	4	3	1	3
Waikanae	2	1	0	1	2	2	0	3
Island Bay	2	0	1	1	3	4	-1	1
Douglas Villa	2	0	1	1	3	5	-2	1
Wainui	2	0	1	1	3	8	-5	1
Lower Hutt City	2	0	0	2	3	5	-2	0

staff as the boys played the better football, especially during the second half. A great effort from the whole team, roll on next week!



### Goal scorers Danny de Gans and Cam van Baarle

Capital 5 2016	P	W	D	L	F	A	GD	Pts
Stop Out	2	2	0	0	5	0	5	6
Nth Wgtn M	2	2	0	0	6	2	4	6
BNU	2	2	0	0	5	3	2	6
Tawa	2	1	1	0	5	1	4	4
Island Bay	2	1	1	0	4	1	3	4
Olympic	2	1	0	1	3	4	-1	3
Waterside	2	0	0	2	4	6	-2	0
Tawa AC	2	0	0	2	0	4	-4	0
Naenae	2	0	0	2	3	8	-5	0
Nth Wgtn W	2	0	0	2	0	6	-6	0

Fresh from promotion into Capital 5 Marty Dutton's men have carried on their irrepressible form and have gone two from two in 2016. This week sees an early top of the table clash against Nth Wgtn Marrons on Hutt Park 3.

The club's aim is to see our 2nd and 3rd teams win promotion to be closer to our Men's Central League team. The ultimate is Capital 1 & Capital 3. No pressure lads!

NEW ZEALAND  
RACING BOARD



Capital 8 2016	P	W	D	L	F	A	GD	Pts
Stop Out	2	2	0	0	6	3	3	6
University A	2	2	0	0	2	0	2	6
Porirua City	2	1	0	1	9	6	3	3
Waterside A	2	1	0	1	8	5	3	3
University C	2	1	0	1	6	4	2	3
Wgtn Utd B	2	1	0	1	2	1	1	3
Island Bay B	2	1	0	1	5	5	0	3
Island Bay R	2	1	0	1	2	2	0	3
Wgtn Utd HB	2	0	0	2	3	7	-4	0
Nth Wgtn M	2	0	0	2	2	12	-10	0



Hayden "Paisley, Fagan, Shankly, Dalglish, Klopp" Thorne has taken the reins of the Cap8 team in 2016. Ruling with an iron fist he's got the boys ship shape and they've hit the ground running on their quest for promotion. Still it's very tiring with tactics, training drills & team selection for poor old Hayden to manage!

## Junior success

Below is a photo of the Stop Out-Eastbourne 10th Grade team receiving their runners up ribbons at last Sunday's Eastbourne tournament.

The team finished top equal on points, losing out on top spot on goal difference by one solitary goal. Excellent effort!

Stop Out-Eastbourne was represented in 10th, 11th and 12th grades and Stop Out also had teams in 7th, 8th and 9th grade.



Register online at: [STOPOUT.ORG.NZ](http://STOPOUT.ORG.NZ)

**STOP OUT  
HOLIDAY PROGRAMME**



**ONLY \$30 A DAY, OR  
\$125 FOR THE WHOLE WEEK!**

**FROM AGES  
5-13**

**18-22 APRIL @ HUTT PARK  
9AM-3PM DAILY (DROP OFF FROM 8:30)**



FOR MORE INFORMATION EMAIL: [JUNIORS@STOPOUT.ORG.NZ](mailto:JUNIORS@STOPOUT.ORG.NZ)

# Stop Out Sports Club



***Coach:**  
Chris Sambrooke*

***Assistant Coach:**  
Stu Pyne*

***Manager:**  
Paul Commerford*

***Physio:**  
Jonathon Crowley  
Proactive*



**PROACTIVE**  
*Four Corners of Health*

No.	Player
GK	 Chris Campbell
2	 James Sutcliffe
3	 James Sharp
4	 Khalid Razouk
5	 Lewis Francis
6	
7	 Martin Packer
8	 Michael McCutcheon
9	 Paora Porter
10	 Miroslav Malivuk
11	 Andrew Abba
12	 Brandon Tai
14	 Luke Grindlay
15	Luis Corrales
16	 Jason Tipping ( c )
17	 Steven Gullely
18	 Sam Pickering
19	 Jordan Martens



**revera**  
HIGH INTEGRITY IT INFRASTRUCTURE

# Palmerston North Marist



No.	Player
GK	Matt Borren
RGK	
2	Jono Steele
3	Graham Craven
4	Matthew Smith
5	Wade Randle
6	Nathan Cooksley
7	Rhys Galyer
8	Josh Chettleburg
9	Michael Sheridan
10	Josh Margetts
11	Lucian Armstrong
12	Ben Ravenwood
13	Aaron Richardson
14	Ashish Sahayam
15	Orin Ruaine-Prattley
16	Jerram Tuck
17	Jayde T Ashford
18	Santiago Garcia Cambon
19	Robbie Yule
20	Seule Soroman
21	Joe Craven

*Coach:*  
*Scott Hales*



*Referee:*  
*Andrew Phillips*



*Assistants:*  
*Mark Hewitt*  
*Aaron Clarke*



## Men's Central League, Stop Out v Wairarapa United



Chris Sambrooke

For the first league game of the season we came up against last year's runners up Wairarapa United. After a patchy pre-season this was always going to be a tough encounter so early in the season.

The first 20 minutes of the game went to plan, our pressing and possession meant that we dominated the early stages of the game. We created some great chances but the early season rustiness which can be expected meant that we weren't as clinical as we would like to be. That being said we did take the lead mid-way through the half through a Micky Malivuk header from a fantastic cross from Jordan Martens. Defensively we were working well with Lewis Francis putting in a huge work rate in the holding role breaking up play and starting us on the counter. Wairarapa always carried a threat through Sam Mason-Smith and late in the first half he was able to score an impressive solo effort to take us into the break level.

The second half evened out in terms of possession and territory. Whilst we weren't troubled on too many occasions being level at one all any piece of brilliance or a mistake could swing the game. Around the 70<sup>th</sup> minute another new player to the club Michael McCutcheon managed to turn his man on the edge of the area and finish accurately past former Stop Out keeper Josh Hill to give us the lead I felt we deserved.

As the game wore on we made a few changes to sure up defensively and although we had to get through a late barrage of set pieces we held on the lead to secure our first 3 points of the season. It was great to give first team debuts to Guy Turner, James Sharp, Michael McCutcheon and Lewis Francis. From what we saw in the game they will really add to the quality that we have in the squad this year.

Stop Out 2 v Wairarapa United 1

Scorers: Malivuk, McClutcheon

MOM: Lewis Francis



Micky: A constant threat up top



Goal on debut for McCutcheon

## Men's Central League, Petone v Stop Out

We travelled the short distance to Memorial Park in Petone for our first away game of the season. After a great result the previous week we knew how important it would be to put in the same performance in terms of attitude to pick up maximum points.



The first 10-15 minutes of the match was well contested and fairly even. A couple of half chances either way whilst both team settled. The game changed significantly on the 20 minute mark when a ball was floated to the back post and a Micky Malivuk header was directed across goal and looped over the head of the goalkeeper and in at the back post.



Pickering on Pickering but the blue one saw red!

Following the goal, we pressed on and on 22 minutes a parried strike was converted from the tightest of angles from Andrew Abba to double the lead. From here we really started to dominate all areas of the game. Abba again burst through the defence and finished past the keeper. He was a menace throughout the first half and shortly before the break his brilliant run and pass led to Martin Packer chipping the keeper for his first goal of the season. 4-0 half time.



Packer opens his 2016 account

The second half was well controlled by us, we were able to make some changes to protect injuries and on the hour mark a squared ball by Mike was converted by Micky for his second of the game and third for the season. A red card for Petone meant the game structure was lost and we conceded a soft late goal and a final score of 5-1. Nevertheless, it was a great result and means that we have 6 points from our first two games, a stark contrast to last season when we lost our two opening fixtures.

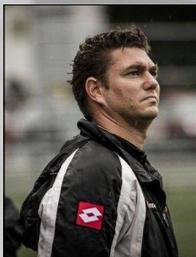


A first half cameo and two goals for Abba

Stop Out 5 v Petone 1

Scorers: Abba 2, Malivuk 2, Packer

## Women's Central League Update



Two weeks into the 2016 football season and the Stop Out Women's Central League side has a new look about them. Not only have we had to rebuild with seven new players coming into the squad and change the way that we approach each game, the side is all a buzz as they kicked off their season in style with WINS over two Palmerston North teams.

### Week one vs Valeron at Skoglund Park in Palmerston North.

We travelled north with the team focussed on coming away with early season points. The match started and it was the opposite to what we had wanted with Valeron playing the better football and causing our players to panic. It took 15 minutes for us to find our feet on what can only be described as a short, narrow, bumpy un-mowed pitched with burnt in line markings. In the 25<sup>th</sup> minute a ball was played in from the right hand side and a big scramble appeared in the six yard box where Emily Jones having her debut for the club got a foot to the ball and score the opening much needed goal to get the ball rolling. Nine minutes later and another ball played from the right into the six yard box for Emily Jones to attack from the left hand side and place the ball in the back of the net. 2-0 up and the ladies finally switched on and began to play football with a self-belief that they could really take control of the game and put it beyond doubt.

2-0 at half time and in the changing rooms we talked about stepping it up from the kick off and really hammering home the advantage. That's exactly what happened. From the kick off we sent a lovely ball over the defence turning them around and regaining possession. A free kick in the 46<sup>th</sup> minute and Bex Williams decided to take on the keeper from 25 yards out, and she delivered scoring her first goal of the season and also creating that important 3-0 buffer. We were not done with there and 2mins later after some lovely passing through the middle of the field and then inside the 18 yard box saw a Laura Dobie strike on goal beat the keeper and make it 4-0 and the belief that Valeron were in for a long day.

That was not the case though as Valeron came back the stronger of the teams and scored two long range goals that caught our keeper off her line to make the last 18 minutes anyone's game. 74<sup>th</sup> minute into the game saw a lovely ball played over to the right hand side and then another cross played back into the 18 yard box catching the defenders off guard which saw Radha McGlashan running onto the ball hitting it first time and sending it sailing into the back of the net. 5-2 and that's where it finished.

### Week two vs Massey at Hutt Park.

After a solid week's training and asking the girls to all step up another 2% each we knew that our first game at home was very important to start on a positive note. Massey a team that is rebuilding themselves came out the stronger in the first 10 minutes but from then onwards the Stop Out Ladies gained control of the game.

In the 17<sup>th</sup> minute a ball was played back to Bex Williams in central defence who with a well struck first time hit from 40 yards out sent the ball sailing over the keepers head into the back of the net. Now full of confidence we managed to keep the ball in the Massey half and apply pressure without being able to finish off when it mattered most.

After some positive play and settling our frustration with the ball not hitting the back of the net one we managed to gain control through midfielder Emerald McGlashan who is also new to the club. Emerald managed to use her pace to beat the defence and score in the left hand corner of the goal and with it her first goal of the season and bring the game to 2-0.

Again with lots of possession and the clock running down to half time Emerald managed to intercept a pass beat the left hand defender and cut inside towards goal. Instead of taking the option of cutting the ball back for our awaiting strikers Emerald took on the keeper hitting the ball, cannoning off the left hand upright with the ball ending up across the other side of goal and in the back of net. So we went in with a 3-0 half time lead.

Again at half time we talked about not lowering the tempo of the game and to press forward to put the game out of reach and to keep our first clean sheet of the season. More attacks and more frustration came before some lovely play through the middle of the park saw an attacking Laura Dobie who was celebrating her birthday, calmly slot the ball in the back of the net to make it 4-0.

The side is now starting to build confidence and over the first two games of the season have scored more goals than we did in the entire first round of 2015, which shows we are finally putting our chances away in the final third. This weekend we travel back up to Palmerston North to take on newly promoted Marist who started their campaign with a 2-1 loss to Upper Hutt and a win against Valeron 4-0. The ladies know that they have to lift their game another 5% each in order to be competitive and to keep alive chances of being top of table after the third round.

Goal scorers to date: Emily Jones 2, Emerald McGlashan 2, Laura Dobie 2, Rebecca Williams 2, Radha McGlashan 1.

Michael Gibbs WCL Coach

## A long time between drinks

Last week's match at Petone signalled the Stop Out return for goalkeeper Chris Campbell. Chris's last appearance for the club was in Capital 1 against Naenae on the 28th August 2004. We won 7-3 that day and incredibly Chris was on the score sheet after converting a penalty.

And whilst the nearly 12 year gap may seem like an eternity, what's even more interesting is that a current first team player played in the same Stop Out squad with Chris in the 2003 season.

Chris made 13 first team appearances in 2003 and 14 appearances in 2004.

So any guesses on which current 1st team player played nine matches in the 2003 season?



## Under 17s



Week 2 of Stop Out U17 action kicked off with our U17B side up against Seatoun. The boys were fired up and looking for an opportunity to bounce back after a tough result last weekend. A solid defensive display from Ben Cushman and a strong midfield performance from Jacky Zeng laid the foundations for another Man of the Match performance from Jatin Dhuru, with 4 goals. Matt Tomlinson completed the scoring for a 5-2 win. A great response from the boys!



Our U17A side took on a strong Porirua City Lions side; this is a group of players who moved away from the Ole Academy and have spent the best part of three years together, so we knew we were in for a test. We asked the boys to show some fight and we got that in abundance. What followed was a terrific battle between two teams who are committed to playing attractive, exciting football. After we went in a half time down 0-1 Josh McEvoy showed his quality to score directly from a free kick from 30+ yards, on the angle, to level things up. On another day we may have added to our tally but it wasn't to be, final score 1-1. There were strong performances all over the park, but Aston Hughes deserves special mention for a



Man of Match display with a huge performance at RB.

The efforts of both sides this weekend has further enforced what we as coaches want to see from these lads - U17 football is not a results focused environment! Rather, it is for these players to work on their performances, as well as learn about what it means to be a Stop Out player. After less than three months together this group has simply blown us away; they are showing the integrity, drive, passion and attitude that defines Stop Out as a club.

**PHOTOMAC**  
f photomacnz  
SPORTS | WEDDINGS | EVENTS  
02102313879

Special thanks to the club members who came down to support the boys today, and congratulations to all teams on another successful weekend for the club.  
Until next week!



## The Last Word!

### The season so far...

Third match of the season already. How did that happen?

Now that we have so much social media around us it's great checking out other people's views of matches so far.

The interesting thing is that so many people are just plain wrong. Let us be clear about one thing. Wrong in social media terms means that the point of view expressed does not match your own. Once you find a comment that is different to your own it is important to let whoever made the comment know, as quickly and intemperately as is possible, that they are WRONG. Is it really that way or merely seems that way?

Twitter users for the most part have been pretty measured about the way the Men's Central League ( #MCL16 ) season has been going so far. There are actually and, I believe, disproportionately less tweets about the Women's Central League ( #WCL16 ). Why should that be? More research needed I guess. One thing to note is that Twitter only lets a user post 140 characters at a time. So, perhaps William Shakespeare foresaw Twitter when he wrote "brevity is the soul of wit".



Other social media platforms don't place the same restriction on the length of each post. These are the spaces where the 'more critical' come out of the woodwork. Critical they are. After the good win at Petone last week one critic commented 'If this was a top grade game its a poor reflection on the state of Wellington football'. Pah! My immediate response was to think how I could belittle the poster as well as their criticism. Imagine how football on the internet would be if we indulged in reasonable and rational discussion. That just wouldn't do.

Anyway, I decided as a grown up user I would take a few seconds and consider whether there was any need, whatsoever, for me to reply a complete stranger's, clearly wrong, comment. I didn't reply. Someone else bravely did. The problem is that the reply was, sort of, factually wrong... so I had to correct them. Accuracy is important.

All that aside, the thing that is so very good about all the platforms in social media is they allow for immediate contact and surprisingly distant contact. If Twitter users type in #MCL16 they can receive scores and updates from all the Men's Central League matches, pretty much, as they happen. The furthest and most regular recipient of our Stop Out tweets is first team player James Sutcliffe's father at home, and at three in the morning, in Yorkshire, England.

There are also some comments that simply don't need to be replied to. In the online comments under the *Dominion Post* article about the game against Wairarapa United there was the following 'Anyway, it was worth the trip simply for Stop Out's first goal. What a complete gem!'. How could anyone possibly have an issue with that?

*Life-long Stop Out fan Mike Barton gives us his perspective on the beautiful game!*





**brendan foot**  
supersite

