



2015 Official Programme

Men's Central League:

Stop Out vs Wairarapa United, Saturday 18th July



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Wynton Rufer

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Peter Hartstonge

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Neil Kemp

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Donna Beech

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Kathryn Burt

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Jay Corby

Directors of Football:

Chris Sambrooke
Mike Gibbs

Jnr Coaching Director:

Scott Easthope

Football Managers:

Paul Commerford
Craig Darby



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stopout.org.nz



Stop Out Sports Club (Official)



@redgolddblood

The First Word

My blood is red... and gold!

Welcome to Hutt Park.

Another week off last weekend for our first team squad with our scheduled opposition Olympic playing in the Chatham Cup.

It really does need some serious consideration from New Zealand Football with the impact on the league campaigns of those teams who are no longer in the Chatham Cup - which is of course the majority of teams around footballing circles!

Last outing against Tawa was an unusual situation after a hard fought match and a good point. It was curious because it felt flat for many supporters as the result whilst admirable seemed insignificant; seeing we are already safely ensconced in the middle of the Central League pack after a tremendous start to the season.

Over the last 3 or 4 years in Capital Premier we've always been near the top with our push for promotion back into Central League so every game seemed to have something riding on the result.

Of course the team is pushing to win every game and get a top four finish this season and keep knocking off more of the supposed big guns in the league. That desire to win won't change!

And to our visitors Wairarapa United. Last time we met on Hutt Park was in a Central League 2nd leg playoff in 2008. Enough said about that day after being reduced to 10 men in the first 5 minutes of the match with GK Jeff Graham being given his marching orders. Wairarapa deserved their win that day and have been a very high profile and successful club in the ensuing years in the Central League. Always an exciting attacking team.

Our first round match, 'over the hill' was an entertaining 3-2 home win which coincided with the opening of the artificial pitch in Masterton. Well welcome to grass... and welcome to Hutt Park.



Enjoy our Stop Out hospitality!



Central League 2015	P	W	D	L	F	A	GD	Pts
Napier City Rovers	12	11	0	1	53	12	41	33
Western Suburbs	12	8	1	3	33	18	16	25
Wairarapa United	11	8	0	3	31	21	10	24
Petone	13	7	2	4	24	18	6	23
Olympic	12	6	0	6	23	21	2	18
Palmerston North Marist	12	6	0	6	24	34	-10	18
Stop Out	12	5	1	6	20	16	4	16
Miramar Rangers	13	4	1	8	19	25	-6	13
Lower Hutt	13	2	0	11	11	42	-31	6
Tawa AFC	12	1	1	7	7	38	-31	4

Rnd 1	Fri 3 April	Napier City	3	Stop Out	1	Park Island @ 2.00
Rnd 2	Mon 6 April	Stop Out	1	Lower Hutt	2	Hutt Park 1 @ 2.30
Rnd 3	Sat 11 April	Tawa	0	Stop Out	1	Endeavour 1 @ 2.30
Rnd 4	Sat 18 April	Stop Out	4	Olympic	0	Hutt Park 1 @ 2.30
Rnd 5	Sat 25 April	Wairarapa	3	Stop Out	2	Masterton Turf @ 5.30
Rnd 6	Sat 2 May	Stop Out	2	Marist P Nth	3	Hutt Park 1 @ 2.30
Rnd 7	Sat 16 May	Petone	1	Stop Out	2	Petone Turf @ 3.00
Rnd 8	Sat 23 May	Stop Out	0	West	1	Hutt Park 1 @ 2.30
Rnd 9	Sat 6 June	Stop Out	3	Miramar	0	Hutt Park 1 @ 2.30
Rnd 10	Sat 13 June	Stop Out	1	Napier	3	Hutt Park 1 @ 2.30
Rnd 11	Sat 20 June	Lower Hutt	0	Stop Out	3	Fraser Turf @5.00
Rnd 12	Sat 4 July	Stop Out	0	Tawa	0	Hutt Park @ 2.30
Rnd 13	TBC	Olympic		Stop Out		Wakefield 2 @ 5.45
Rnd 14	Sat 18 July	Stop Out		Wairarapa		Hutt Park 1 @ 2.30
Rnd 15	Sat 25 July	Marist PN		Stop Out		Memorial (PN) @ 2.30
Rnd 16	Sat 1 Aug	Stop Out		Petone		Hutt Park 1 @ 2.30
Rnd 17	Sat 8 Aug	West		Stop Out		Endeavour 1 @ 2.30
Rnd 18	Sat 15 Aug	Miramar		Stop Out		Dave F @ 2.30

	L Hutt	Marist	Miramar	Napier	Petone	Stop Out	Tawa	Wai'rupa	Olympic	West
L Hutt		0-4	0-2	1-4	15/8	0-3	18/7	1/8	1-3	1-4
Marist PN	8/8		2-1	2-6	0-2	25/7	6-1	0-5	2-1	1-8
Miramar	4-1	4-1		0-4	18/7	15/8	25/7	1-3	8/8	1/8
Napier	8-0	2/8	4-1		0-1	3-1	7-1	5-2	19/7	5-1
Petone	1-0	3-1	1-1	8/8		1-2	2-0	4-3	2-3	25/7
Stop Out	1-2	2-3	3-0	1-3	1/8		0-0	18/7	4-0	0-1
Tawa	1-2	15/8	2-1	TBA	0-4	0-1		1-3	1/8	0-1
Wairarapa	5-3	TBA	1-0	25/7	2-0	3-2	8/8		1-0	TBA
Olympic	25/7	1-2	1-3	1-4	4-1	TBA	5-0	15/8		2-0
West	2-0	18/7	2-1	15/8	2-2	8/8	6-1	5-3	4/7	

MATCH REPORT

Phoenix warm to the task in pre-season hit out



14 July 2015 -

The Wellington Phoenix enjoyed a good pre-season hit out when they beat Stop Out 4-1 at Fraser Park on Monday night.

In freezing conditions the Phoenix quickly warmed to their task and were 3-0 up within 20 minutes through a hat-trick from striker Roy Krishna.

Coach Ernie Merrick began the game with most of his regular starters and they knocked the ball around confidently causing problems for the Stop Out defence.

Krishna's first two goals came via the penalty spot and, given the problems his side had with penalties at the end of last season, Merrick would have been pleased to see Krishna confidently convert both spot kicks. Krishna's third goal was also well taken when the Fiji international found himself one-on-one with the goalkeeper.

Michael McGlinchey completed the scoring in the second spell from a free-kick that took a deflection off the defensive wall.

Luke Grimley gave the hard-working Stop Out team something to smile about late in the piece when he scored a consolation goal from close range after good approach play.

Phoenix assistant coach Chris Greenacre was pleased with the performance at such an early stage of pre-season.

"It was a good hit out and we were able to put some of the things we have been working on in training into practice, especially in the first half," Greenacre said.

"We started with regular first teamers and it gave us a good beginning, but it was also good to get some of the Academy boys on in the second half.

"It was good experience for them and they acquitted themselves well."

Women's Update

This week I thought we should mention the sterling effort of the reserve team, our Premier League team under the guidance of Phil and for the last few weeks Craig. A few weeks back they stunned league leaders Petone, stopped them in their tracks, in the first round of the Premier Cup 1-0. This Cup is actually held by our good selves, but of course this year it is our reserve team competing rather than our first team.

Last Sunday it was semi-final time, the opponents a very good (as always) Victoria University side who over the years we've had some fantastic matches against.

On a heavy Hutt #1 the game was an even contest for the first 45 minutes, we fluffed our lines in front of goal a couple of times while at the other end the team was indebted to Kath' in goal for some sterling work (on and off her feet). At half time though Vic' had a one goal lead, scored just before the break.

The second half saw the team suitably encouraged by Craig to get into their work and be tidier in some of their defensive efforts (just as well otherwise Craig would've gone bald with worry). Two goals to Radha McGlashan sealed the win and sent the team to the final on August 2nd.

Their opponents will be one of the teams setting the pace in this year's league, Western Suburbs. Should be a cracking game and we'll let you know the time and venue when known.



Double for Radha and it's finals time!

Tomorrow is a big day for the D2 Reds team who travel to Richard Prouse to take on Wainui. In recent weeks they've really gelled as a team, started to knock the ball around well and got a few results under their belt. In the Executive Plate they beat local rivals Petone 2-1 to book a place in the Semi-Finals, set for the 23rd of August when they'll take on Tawa (of D1) at Redwood Park.

Importantly in the league they outplayed Naenae last week (4-1) to climb up to 3rd on the table. A win tomorrow over Wainuiomata will see them leap frog their hosts to 2nd and set them up for a good crack at securing promotion at the end of the season. Great work girls and the guidance of Terry Ross aided by Dean Mildenhall is certainly starting to pay-off.

Tomorrow is a double header of away games at Wellington United for both our Central League and Premier League teams. The game will both be tough assignments for our teams against higher placed opposition. If you can't make it into town tomorrow perhaps you can commit in the diary to be at Hutt Park on the following Sunday?

The team host rivals, BNU, who are currently at the foot of the table. Quite simply, a win over BNU will probably guarantee CL football in 2016 and a good crowd on the lines would be a boon for the team.

Finally, we send a note of condolence to Narumon Hall, stalwart of the D3 Blacks who lost her husband Chris last week.

Chris was a good bloke, a keen supporter of the club and of course a big fan of his wife and her playing the beautiful game.





Stop Out Sports Club

Coach:
Chris Sambrooke

Manager:
Paul Commerford

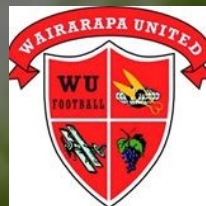
Physio:
Laura Ayre

Grounds:
Peter Hartstonge

No.	Player
GK	 Josh Hill
2	 James Sutcliffe
3	Liam Higgins
4	 Andrew Fairlie
5	Michael Hagarty
6	 Khalid Razouk
7	 Martin Packer
8	 Enrico Meirelles
9	James Wypych
10	 Miroslav Malivuk
11	 Andrew Abba
12	 Brandon Tai
14	 Luke Grindlay
15	 Daniel de Gans
16	 Jason Tipping (c)
17	 Steven Gulley
18	 Sam Pickering
19	 Jordan Martens
20	 Matt Clarke



Wairarapa United



No.	Player
GK	Matt Borren
RGK	Scott Basalaj
2	Fidell Richards
3	Carl Shailer
4	Nathan Cooksley
5	Josh Margetts
6	Sam O'Regan
7	Magno Viera
8	Paul ifill
9	Seulle Soromon
10	Sam Mason-Smith
11	Cory Chettleburgh
12	Ollie Rowland
13	Thomas Hemi
14	Aaron Spierling
15	Adam Wallis
16	Liam Hare
17	Mark Hemi
18	Adam Cowan

Coach:
Paul Ifill



Referee:

Jim Murphy



Assistants:

Andrew Amies
Barry Buchanan



Central League Rnd 12 v Tawa AFC, Hutt Park 1



Chris Sambrooke

The lads looked to build on a good performance against Lower Hutt with Tawa visiting Hutt Park. We knew that a win could lift us as high as fourth in the league depending on how other results turned out.

The game was very competitive, if lacking a little quality. We were on the back foot for the majority of the first half. Our play in possession wasn't as strong as it has been in recent games. And we weren't as organised defensively and allowed Tawa to take control. With that being said Tawa only created one clear chance in the first half when a strike from outside the area hit the cross bar and the follow up effort was superbly saved by Josh.

Half time came and we hit the break knowing that we were slight fortunate to be level but confident we could make the minor changes required to get the lead.

The second half was much better, the returning skipper JT had the defensive unit well organised and we moved the ball well. Unfortunately it was one of those games that never really looked like offering up a goal. We had a few half chances but the game ended in a nil all draw, our fist draw of the season.

We will take the positives in another clean sheet and showed a good resolve when put under pressure, but will still feel like 2 points dropped.

Final Score: Stop Out o Tawa o

Man of the Match: Jason Tipping



AT PHOTO

Stop Out vs Wellington Phoenix, Fraser ParkTurf

With missing the weekend round of fixtures due to Chatham Cup we could turn our attention to our Monday night game against the Wellington Phoenix, on a bitterly cold night. This kind of fixture is a reward to the club and the team for the kind of performances that we have shown in the league this season.

We took a positive approach into the game and really wanted to test ourselves and have a crack at them rather than sitting back behind the ball and allowing them to play. The Phoenix put out a very strong side and after a few minutes they started to settle and move the ball well, the midfield trio of Riera, McGlinchey and Bonavacia were causing us real problems.

They took the lead through a soft penalty after 10 minutes, if anyone other than John Rowbury knows what it was for I'd be interested to know. They doubled the lead from another penalty 5 or so minutes later, which was deserved and then took a 3-0 lead with a smart Krishna finish after 25 minutes. We started to settle and got our defensive shape right and caused some problems for them in possession, the James Wypych nutmeg into the 18 yard box springs to mind.

The second half their pressing game was removed and we had good spells in possession where we could really start to play. We conceded a fourth in unfortunate circumstances with a deflected free kick, but we would finish things with a great passing move and run from Micky squaring the ball for Grinner to score. It was a great night out, and great experience for our players to test themselves against a professional side.

Final Score: Wellington Phoenix 4 Stop Out 1. Scorer: Luke Grindlay. MOM: Micky Malivuk



? ? QUIZ ? ? ? ? NIGHT ? ?

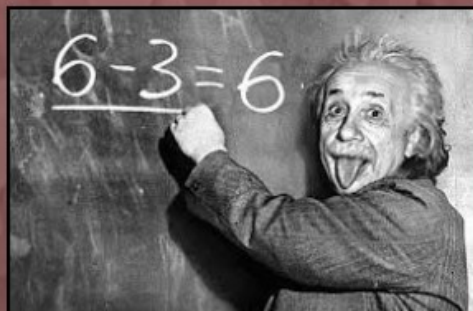


STOP OUT Quiz Night

7pm Friday 7th August 2015, Clubrooms, Hutt Park.

- Happy Hour 6-7pm
- Teams - maximum of eight
- Cost - \$15 per team member
- Food - supper provided
- Loads of fantastic prizes and auctions

Register with Bernie Kane on kanebernie@hotmail.com or 9746862



Cell phone google cheats will shout the bar!

Marty's men roll on

Marty Dutton's Capital 6 side are inching closer to a top two finish and promotion, although Marty will hear nothing of it until the job is done. Today in the early game on HP3 they take on Wainuiomata in another crucial match.

And officially this side has conceded the least number of goals across all football grades in the Capital Football leagues. Now that's a pretty fair effort!

Capital 6 - 2015	P	W	D	L	F	A	GD	Pts
Stop Out	13	12	1	0	64	7	57	37
Tawa Bears	13	10	0	3	42	18	24	30
Nth Wgtn City	13	9	0	4	41	19	22	27
IBU Dreamers	12	8	0	4	50	30	20	24
University	13	6	0	7	26	44	-18	18
Nth Wgtn M	13	5	1	7	30	34	-4	16
Wainuiomata	13	4	1	8	27	40	-13	13
Marist	13	3	1	9	24	56	-32	10
Lower Hutt	13	2	2	9	29	50	-21	8
Petone	12	1	2	9	20	55	-35	5

Gaughy signs semi-pro

Goal scoring machine and former club favourite Joe Gaughan has signed for Barnoldswick Town in the North West Counties Football League. Best of luck Joe!



ASB

FOOTBALL SKILLS CENTRE

8 Week Skill Development Programme

run by

James Prosser & Scott Easthope

Aimed at the elite young footballer looking to learn and develop skills in a competitive yet fun environment.

Session activities are based around individual and small group sessions, incorporating speed and agility training with football related exercises.

Nutrition, academic performance and character building are also included.

Date: Monday's - 3rd August to 5th October

Wednesday's - 5th August to 7th October

Location: Hutt Indoor Sports Centre — Indoor turf

Group 1. 13th/14th grade (Maximum 24)

Monday's 4.45 - 5.45pm

Group 2. 9th/10th grade (Maximum 24)

Wednesday's 3.40 - 4.40pm

Group 3. 11th /12th grade (Maximum 24)

Wednesday's 4.45 — 5.45pm

COST: \$96 for 8 weeks

To apply contact:

Scott 021 408 571 or James 027 456 1286

Admin:

Tania 021 182 0203 footballsillscentre@gmail.com

Payments:

Acct # 01 0530 0095334 05 (ref FSC)

The Last Word!

How to watch football in the cold!

Life-long Stop Out fan Mike Barton gives us his perspective on the beautiful game!



As I type this my hands are numb with cold after watching Stop Out play Wellington Phoenix. The internet told me that at Fraser Park, where the match was played, the temperature was 3.5C but felt like 1C. When I got the match, just as it kicked off, there probably about five hundred people at the park. As the game wore on the crowd thinned out a little. That a training match will still get five hundred people, out in the cold, says, for me, a lot about the temptation of watching a contest. That a training match will feature so many spectators dressed so inappropriately for the cold is quite another thing. Have they not heard of layers? Have they not heard of, in general, simply keeping warm? How difficult is it to grasp the concept of hat? It is probably best to stop here else run the risk of being described as a curmudgeon. At the age I am it starts to become something of a risk.

That all said there is something just so very good about watching sport under flood-lights. The experience gets even better when it is cold. Particularly, I reckon, when there is something at stake and you are wearing team colours. Even in our rather haphazard local facilities the magic of lights starts to work. Beyond the range of the lights there is only dark so the playing surface becomes lit up like the stage in a theatre. A stage that is set most of often for a drama.... (and now and again for outright comedy.) To create the drama all that has to be added is something to play for. These pre-season matches have that 'something to play for' a game against a professional side. Making a living from the game is probably the ultimate aspiration for many that play. Next up is a chance to play against a decent side and see how you cope. Those two thoughts have to be tempered by reality. Reality is that these are training matches and without the intensity that, say, a full blooded cup tie might bring. Even so, these are great opportunities. Watching tonight I thought, and then heard others say out loud, how good might we be if we could train five days a week. (...and I guess not have to worry about day jobs and the like.) We won't know but let us look at what we do know. With two nights a week training, plus gym work, plus some road work (according to one friend) and some decent self-motivation we see some very good players at both Men's and Women's Central League level. That people combine so many elements in their life and still come out, so competitively, to provide drama and contest for both themselves and the spectator is, I think, worth celebrating.

For those that missed the match we were excellent. We really were.

brendan foot
supersite

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