



## 2015 Official Programme

Men's Central League:

Stop Out vs Tawa AFC, Saturday 4th July



**Patrons:**

Mayor Ray Wallace  
Wynton Rufer

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Chris Canton

**Vice President:**

Peter Hartstonge

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Neil Kemp

**Treasurer:**

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Andrew Beech  
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**Women's DoF:**

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**Senior Liaison:**

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**Directors of Football:**

Chris Sambrooke  
Mike Gibbs

**Jnr Coaching Director:**

Scott Easthope

**Football Managers:**

Paul Commerford  
Craig Darby



**Life Members:** Jim Blair, Chris Canton, Dick Dunn, Jimmy Dunn, Tom Dunn, Peter Freidlander, Brent Hamlin, Peter Hartstonge, Dave Houghton, Ernie Gould, Terry Killalea, Brendan Marsh, Arie Molenaar, Jim McCreadie, Carol McNie, Ron Weitzel.



[stopout.org.nz](http://stopout.org.nz)



Stop Out Sports Club (Official)



@redgoldblood

## The First Word

# My blood is red... and gold!

Welcome to Hutt Park.

A week off last weekend for the bulk of our first team has been welcomed as we come to terms with a host of injuries and absentees in our first 11 games of the season — a real opportunity to rest and recharge.

Since our first meeting and our first win of the season at Endeavour Park we've been steadily climbing the league ladder. Tawa in contrast has just a solitary win against Miramar to their name. With Lower Hutt City those three are all in the battle to get out of 10th spot—the drop spot. Tawa are a far more accomplished side than their results actually show and their last outing — a competitive 1–0 loss to Wests is testament to that.



And our match against Lower Hutt put another ghost to rest with our first Central League victory over them since 2006. Fully deserved it must be said.

We've quietly gathered points throughout the season to be comfortably mid-table but still of course pushing to move further up the ladder in the second round. We are also a far tougher and competitive side than in the early stages of the season.

I'm sure the coaching staff would love to have a full squad available for selection today as this hasn't been the case at all in 2015. We've only had the same starting X1 twice for Tawa 11/4 and Olympic 18/04 where interestingly we won on both occasions with two clean sheets. The line up was Hill, Sutcliffe – Fairlie – Tai – Martens, Pickering – Gulley – Packer, Abba – Malivuk – Grindlay.

And in the 11 matches to date, 26 players have made an appearance for us in the Central League this season. It really reinforces the importance of a deep and high quality squad.

Enjoy the match and enjoy our Stop Out hospitality.



**Infinity**  
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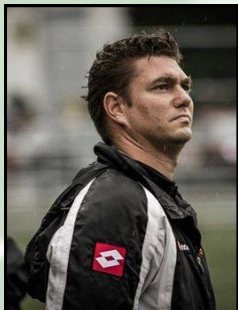
**NAYLOR LOVE**  
CONSTRUCTION SINCE 1910



Central League 2015	P	W	D	L	F	A	GD	Pts
Napier City Rovers	11	10	0	1	45	12	33	30
Western Suburbs	11	8	1	2	32	16	16	25
Wairarapa United	10	9	0	2	28	17	11	24
Palmerston North Marist	10	6	0	4	23	28	-5	18
Petone	11	5	2	4	18	15	3	17
<b>Stop Out</b>	<b>11</b>	<b>5</b>	<b>0</b>	<b>6</b>	<b>20</b>	<b>16</b>	<b>4</b>	<b>15</b>
Olympic	11	5	0	6	21	20	1	15
Miramar Rangers	11	2	1	8	11	23	-12	7
Lower Hutt	11	2	0	9	10	30	-20	6
Tawa AFC	11	1	0	10	7	38	-31	3

Rnd 1	Fri 3 April	Napier City	3	<b>Stop Out</b>	1	Park Island @ 2.00
Rnd 2	Mon 6 April	<b>Stop Out</b>	1	Lower Hutt	2	Hutt Park 1 @ 2.30
Rnd 3	Sat 11 April	Tawa	0	<b>Stop Out</b>	1	Endeavour 1 @ 2.30
Rnd 4	Sat 18 April	<b>Stop Out</b>	4	Olympic	0	Hutt Park 1 @ 2.30
Rnd 5	Sat 25 April	Wairarapa	3	<b>Stop Out</b>	2	Masterton Turf @ 5.30
Rnd 6	Sat 2 May	<b>Stop Out</b>	2	Marist P Nth	3	Hutt Park 1 @ 2.30
Rnd 7	Sat 16 May	Petone	1	<b>Stop Out</b>	2	Petone Turf @ 3.00
Rnd 8	Sat 23 May	<b>Stop Out</b>	0	Westes	1	Hutt Park 1 @ 2.30
Rnd 9	Sat 6 June	<b>Stop Out</b>	3	Miramar	0	Hutt Park 1 @ 2.30
Rnd 10	Sat 13 June	<b>Stop Out</b>	1	Napier	3	Hutt Park 1 @ 2.30
Rnd 11	Sat 20 June	Lower Hutt	0	<b>Stop Out</b>	3	Fraser Turf @5.00
Rnd 12	Sat 4 July	<b>Stop Out</b>		Tawa		Hutt Park @ 2.30
Rnd 13	Sat 11 July	Olympic		<b>Stop Out</b>		Wakefield 2 @ 5.45
Rnd 14	Sat 18 July	<b>Stop Out</b>		Wairarapa		Hutt Park 1 @ 2.30
Rnd 15	Sat 25 July	Marist PN		<b>Stop Out</b>		Memorial (PN) @ 2.30
Rnd 16	Sat 1 Aug	<b>Stop Out</b>		Petone		Hutt Park 1 @ 2.30
Rnd 17	Sat 8 Aug	Westes		<b>Stop Out</b>		Endeavour 1 @ 2.30
Rnd 18	Sat 15 Aug	Miramar		<b>Stop Out</b>		Dave F @ 2.30

	L Hutt	Marist	Miramar	Napier	Petone	Stop Out	Tawa	Wai'rupa	Olympic	Westes
L Hutt		<b>0-4</b>	<b>0-2</b>	<b>1-4</b>	15/8	<b>0-3</b>	18/7	1/8	<b>1-3</b>	<b>1-4</b>
Marist PN	8/8		<b>2-1</b>	<b>2-6</b>	11/7	<b>25/7</b>	<b>6-1</b>	<b>0-5</b>	<b>2-1</b>	<b>1-8</b>
Miramar	11/7	4/7		<b>0-4</b>	18/7	<b>15/8</b>	25/7	<b>1-3</b>	8/8	1/8
Napier	5/7	2/8	<b>4-1</b>		<b>0-1</b>	<b>3-1</b>	<b>7-1</b>	<b>5-2</b>	19/7	<b>5-1</b>
Petone	<b>1-0</b>	<b>3-1</b>	<b>1-1</b>	8/8		<b>1-2</b>	<b>2-0</b>	4/7	<b>2-3</b>	25/7
<b>Stop Out</b>	<b>1-2</b>	<b>2-3</b>	<b>3-0</b>	<b>1-3</b>	<b>1/8</b>		<b>4/7</b>	<b>18/7</b>	<b>4-0</b>	<b>0-1</b>
Tawa	<b>1-2</b>	15/8	<b>2-1</b>	11/7	<b>0-4</b>	<b>0-1</b>		<b>1-3</b>	1/8	<b>0-1</b>
Wairarapa	<b>5-3</b>	20/6	<b>1-0</b>	25/7	<b>2-0</b>	<b>3-2</b>	8/8		<b>1-0</b>	10/7
Olympic	25/7	<b>1-2</b>	<b>1-3</b>	<b>1-4</b>	<b>4-1</b>	<b>11/7</b>	<b>5-0</b>	15/8		<b>2-0</b>
Westes	<b>2-0</b>	18/7	<b>2-1</b>	15/8	<b>2-2</b>	<b>8/8</b>	<b>6-1</b>	<b>5-3</b>	4/7	



## Women's Central League vs Upper Hutt, Maidstone Park

The ladies came out of the gates slow in the first half and within the first 10mins found themselves on the back foot and a goal down through some sloppy defending at the back.

Although the girls started to get into third gear during the game they conceded another goal and with 40min gone we lost our captain Aimee Sanson to a double fracture in the ankle which caused shock in the team and a rejig in players. 2-0 half time.

In the changing rooms there were some stern words and agreement from the side to step up their game but it was not to be our day as Upper Hutt wanted it more and scored another 5 in the second half and game ended 7-0 to Upper Hutt

## Women's Central League vs Massey University, Memorial Park (PN)

After a heavy defeat and some disappointing player performances, today was the day that we needed to step up more than ever. We were without regular keeper Natasha Ingram due to an operation, Skipper Aimee Sanson out with a fractured ankle and another player out with cracked ribs from the Upper Hutt game plus stand in keeper Bex Williams playing with a dislocated shoulder so obviously meant we were light on numbers.

Travelling to Palmy is no mean feat let alone playing Massey, but the girls took it to Massey in the first half and were able to play the better football without being able to put a goal away. A quick counter attack down the right side was enough to give Massey the lead and at a half time of 1-0.

During first half a tragic accident occurred which was conveyed to the Massey players at half time and spurred them on to step up even more in the second half. Our girls were going well until a 15-20 min brain explosion led to an own goal and five more goals to take score to 7-0. The score line really flattered the opposition and it didn't really reflect the game as our Stop Out ladies deserved so much more out of that effort as we dominated large parts of game.

Next up Seatoun at home followed by Wellington United away and then the three games we have targeted for wins to finish off the league. And then we head into our Kelly Cup semi final against Wests. Still much to aim for and achieve in 2015.



Thanks to an 'oggie' Sophie Burley wears the pink cowboy hat with pride.

## Women's Update

It's time for another centurion; Women's Club Captain Kathryn Burt played her 100<sup>th</sup> game recently.

On a balmy afternoon the Kelly Cup first round saw our Central League team host our Premier League team. Away from the pressures of week to week league football the two teams saw the two coaches try new faces, giving them an opportunity to impress. So while Emily Yates was making her debut for the first team Kathryn was making her 100<sup>th</sup>.

Kathryn joined us a few years back from the rowdy lot across the river and settled into the first team quickly, becoming one of the first names on the team card each week, usually in a role at the back. Kathryn's been an integral part of the two Premier League winning teams (and a Cup or two) over the past few years. Away from the field she has stepped into the role of Women's Club Captain, which has primarily meant being part of our liaison with Capital Football in particular as a member of the WAG (Women's Advisory Group). We're of course grateful for the time she has put into this and the week to week support for the management of the women's side of the club.

Also making their debut for the first team were Olivia Wallis, who bagged a goal to mark the occasion and Katie McKenzie who had just joined the club. It's great to have Katie in a red shirt, after some time away from local football she's a welcome addition to the squad with her experience at this higher level.

For the record the CL team ran out winners 4-0 and will now host Western Suburbs in the semi-final set for August 23<sup>rd</sup>. The chance of making the Final for the first time ever should be all the motivation the team needs.

Our D2 team the Reds have also made the semi-finals of the Executive Plate. The team have D1 opposition, Tawa, to overcome if they're to make the final. The team had a cracking 2-1 win over neighbours Petone to make the semi. Goals from newbie Laure Silvestri and Britts Kennedy secured the win for a fine team effort versus TAB favoured opposition.



100 not out for Kathryn



Narumon and Ying  
staunch members  
of the Div 3 Blacks



Another highlight from the day (unless you had the kit to wash after) was in this day and age the use of a heavy Sladden pitch that escaped the cancellation or transfer we tend to expect from the Council after a week of wet weather. On a fine Sunday afternoon the D3 Blacks went down versus D1 Island Bay, but by the look of the photo's everyone had a ball and it's fair to say there was some fun had that you can't have on an artificial turf! Here's Joanna Dopson in heaven enjoying the mud bath.



This weekend we have a busy day at Hutt Park with the CL team hosting Seatoun at 1pm. Seatoun are in 2<sup>nd</sup> place and chasing Massey for the CL title this year so will be a stern task for our girls. In the Premier League our team host Upper Hutt, should be a tasty match up and with Darby at the helm for the day the team will be up for an improved showing on their first round result. I should note now that the PL side have a Premier Cup semi-final next week, tackling Vic' Uni on the 12<sup>th</sup> as they look to retain the Cup won last season by our "first" team.

Buoyed by wins last weekend (and clean sheets) the D2 Reds are away to a Vic' Uni team this weekend, while the D3 Blacks host North Wgtn in what should be an entertaining tussle.

Lastly on June 19<sup>th</sup> the women's teams came together for their annual "Indoor Olympics", with a team called "Bob" prevailing by a narrow margin. There were a lot of laughs to be had on the night, especially when we got onto the various food challenges. Here's Mel Hodgson being fed by Jaimee Bialy, and Rahda McGlashan isn't quite sure if any of this is fun!





# Stop Out Sports Club

***Coach:***  
*Chris Sambrooke*

***Manager:***  
*Paul Commerford*

***Physio:***  
*Laura Ayre*

***Grounds:***  
*Peter Hartstonge*

No.	Player
GK	 Josh Hill
2	 James Sutcliffe
3	Liam Higgins
4	 Andrew Fairlie
5	Michael Hagarty
6	 Khalid Razouk
7	 Martin Packer
8	 Enrico Meirelles
9	James Wypych
10	 Miroslav Malivuk
11	 Andrew Abba
12	 Brandon Tai
14	 Luke Grindlay
15	 Daniel de Gans
16	 Jason Tipping ( c )
17	 Steven Gulley
18	 Sam Pickering
19	 Jordan Martens
20	 Matt Clarke





# Tawa AFC



No.	Player
GK	Lance Ramaekers
RGK	Ken Williams
2	Lewis McKay
3	Ben Edusel
4	Neal Yeates
5	Jamie Nicholas
6	Andrew Wild
7	Richard Bott
8	Tim Fenton
9	Paul Willis
10	Karl Romijn
11	Mike Ramaekers
12	Jamie Sharp
13	Tom Scott
14	Mike McCutcheon
15	Aaron Magill
16	Robbie McLaughlan
17	Steve Romijn ( c )
18	Claudio Amad
19	Gaston Yabes

*Coach:*  
**Maarten Romijn**



*Referee:*  
**John Rowbury**



*Assistants:*  
**Jim Murphy**  
**Aaron Clarke**



## Central League Rnd 11 v Lower Hutt City, Fraser Turf

We made the short journey out to Fraser Park for the second Hutt Derby of the season, and after the disappointment of the first one it was certainly a result we wanted to put right.



Chris Sambrooke



NZU23 call up for Liam Higgins

We had a bit of a disjointed week, we were missing Martin

Packer from our midfield and were an astonishing four Centre Backs short through unavailability or injury. It is important to note that one of those missing was Liam Higgins who was trialling with the NZ U23 squad building up for the Pacific Games.

Liam was successful in getting selected into the squad and we wish him all the best.

The game started really well for us. We took control early on and were looking solid at the back and were moving the ball well.

As the half went on we created the better chances and about 15 minutes in James Wypych scored to give us the lead. Lower Hutt did manage to flick the cross bar late on in the first half which was really about all they created. We went into the break fairly content at 1-0.

Second half turned out to be a much different encounter as Lower Hutt had a good 25 minute period of dominance.

They were improved but much of the blame is at our own feet, we were poor in possession and gave the ball away much too easily in our own half and invited more and more pressure.





Josh pulled off one great save, but for all the territory decent chances were still at a premium. The new centre back pairing of Steve Gulley and Enrico Meirelles were doing a superb job at the back. Steve showing he still has pace to go along with his towering headers. With 15 to go Mike Hagarty broke any pressure with a fantastic strike from the edge of the area to give us the 2-0 lead.



Opening goal to James Wypych

Lower Hutt changed shape immediately to go after the game but as can happen it left them more exposed and allowed Sam Pickering to complete the scoring with his first goal for the club.

All in all a great result, three goals, a clean sheet and three points against the local rivals.

Final Score: Stop Out 3 Lower Hutt City 0

Scorers: James Wypych, Mike Hagarty, Sam Pickering

Man of the Match: Steve Gulley



4th clean sheet for Josh Hill



A stunner from Mike Hagarty deserves a team celebration



First Stop Out goal for Sam Pickering



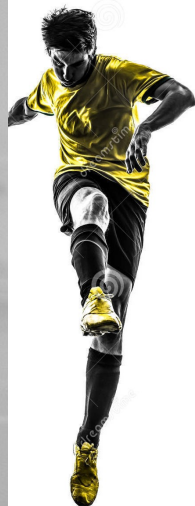
# ELITE FOOTBALL DEVELOPMENT CENTRE



A week long football development programme for our best MALE YOUTH FOOTBALLERS over the school holiday period.

Designed to aid the development of the committed & talented young footballer and take their game to the next level both on and off the field.

High quality junior coaching led by Scott Easthope & James Prosser assisted by Michael Hagarty and GK specific coach Ryan Sandford.



## The week of football development includes

10 x On field, high quality, challenging and yet enjoyable training sessions.

Class room based football specific sessions designed to teach young players both on and off field qualities required to become better footballers.

Programme training tee.

Player visit from a kiwi professional footballer.

Player Feedback form outlining player progress and work ons.

Prizes and giveaways on the last day for top performers.

## Areas/topics covered

Movement and use of space.

Movement for you and for team mates.

Good first touch to help you .

Creative passing & shooting techniques.

Dribbling to go past defenders.

1 v 1 defending techniques.

Maintaining possession of the ball.

Defending in numbers.

Creating numerical advantage.

## Goal Keeping:

Handling.

Shot Stopping.

Falling & Diving Techniques.

Dealing with High Balls & Crosses.

Distribution.

Positional Play.

GK Communication.

Monday 13<sup>th</sup> July > Friday 17<sup>th</sup> July.

Venues: Hutt Park (3days) Petone Turf (2days)

Cost: \$230.00 (\$46 per day) . 9:00am until 3:00pm.

Contact Scott Easthope on  
[scott.easthope@hotmail.com](mailto:scott.easthope@hotmail.com)  
021 408 571 to find out more

## Hags gets to 50

It's been a long time coming but Michael Hagarty reached 50 1st team matches nearly 7 years after debuting on 23rd July 2008 aged 15 years 6 weeks and 2 days.



2011 Pen portrait

Head Coach	Total
Simon Harrold	12
Besim Balicevac	33
Chris Sambrooke	5
	<b>50</b>



	Played	Won	Draw	Loss
Central League	5	2	0	3
Central League P/O	2	0	0	2
Capital Premier	35	19	6	10
Chatham Cup	8	5	0	3
	<b>50</b>	<b>26</b>	<b>6</b>	<b>18</b>

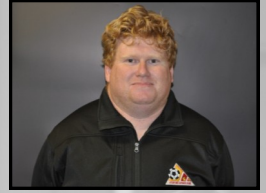
	Played	Won	Draw	Loss
Home	28	15	4	9
Away	22	11	2	9
	<b>50</b>	<b>26</b>	<b>6</b>	<b>18</b>



Year	Games	Starts	Sub	Sub On	Sub Off	Goals	Assists	Yellows	Reds
2008	3	2	1	1	1				
2009	10	9	1	1	1				
2010	11	8	3	3	4		1	1	
2011	21	20	1	1	4	3	6		
2015	5	4	1	1	2	1	1		
	<b>50</b>	<b>43</b>	<b>7</b>	<b>7</b>	<b>12</b>	<b>4</b>	<b>8</b>	<b>1</b>	<b>0</b>

## RAFFA Stats

This week Raff looks at some extraordinary stats relating to our back 4.



Fullbacks James Sutcliffe and Jordan Martens have started in every match this season and yet we have had no less than eight different Centre Back combinations. Wonder who'll be there today?



Fairlie - Tai

Balmorth - Tai

Meirelles - Fairlie

Fairlie - Tipping

Tai - Tipping

Higgins - Tai

Craughwell - Tai

Meirelles - Gulley





## The Last Word!

### What is coaching about?

My partner Kylie came home recently and presented me with an article on coaching. The title alone floored me. It reads 'A Bourdieusian analysis of cultural reproduction: socialisation and the 'hidden curriculum' of professional football'. Once I got beyond the title there was a lot of material about what it is that coaching does. One thing that is advanced is the idea that coaching goes merely beyond trying to get a team together to win matches. The authors argue that football has a 'legitimate' culture and aside from winning the other legitimacies that coaching passes on are respect for authority, hierarchical awareness, control, obedience, collectivity, and work ethic. The particular focus of their argument is that this is what is happening with younger players. That is coaches are introducing them both to the game and, at the same time, the game's culture.

Further the contention is that coaching is simply a function and ignores the fact that it, coaching, reproduces and perpetuates the the social structure of the game. That last point is, I believe, interesting in that growing up inside a football family it might be easy enough to have absorbed the culture of the game from a very young age but what of those from non football backgrounds where do they learn the 'rules' of the football culture? The argument is that the learning comes down from coaches and that coaching is an 'ideology'. Many of us take for granted and see as natural a lot of the values and beliefs in football. I can highlight this with an anecdote that is not a coaching argument but bear with me. When LA Galaxy played in Wellington a few years back one of their players, David Beckham, was booed onto the pitch. At the post match press conference a spluttering non football journalist asked him what he thought of being booed. Beckham seemed puzzled by the question and then answered 'as soon I as I heard it I knew this was a football crowd'. That the booing of a player can be both criticism and praise, albeit veiled, at the same time is not always apparent to a football outsider.

The article also talks of the 'apprenticeship' that coaches go through in order to learn to coach. It was here that I thought of coaching courses and seminars but no. The apprenticeship is both long and questioning. It includes observing and receiving coaching as players, then being novice and assistant coaches, and finally doing the job on your own. Even if you coach as a twenty year old you may already have served as much as fifteen years of an apprenticeship.

There is much more in the article than I can condense here. I was left with the feeling that coaching is a challenge and a learning experience. A challenge in which knowledge is both passed on and perpetuated. The knowled+ge not just of the game in itself but also the culture of the game

Life-long Stop Out fan Mike Barton gives us his perspective on the beautiful game!



**brendan foot**  
supersite

 **I n f i n i t y**  
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